

# 1 SIGHTSEE

It is said that every Christian travels at least once in their lives to Rome.

While there visit the Trevi Fountain, the Colosseum, the Roman Forum, Spanish Steps, Trajan's Column, Pantheon, Via Appia, Catacombs, Capitoline Museum, Victor Emmanuel monument, Piazza Navona, Trastevere, Campo de' Fiori ..... for starters!



# ROMAN HOLIDAY

The Roman Colosseum

1. ALL ROADS LEAD HERE.
2. IT WASN'T BUILT IN A DAY.
3. WHILE IN IT, DO AS THE LOCALS DO.



Emperor Augustus

# 2 THE VATICAN

Hey..... buy one, get one free: two cities for the price of one. While in Rome also make time to visit The Vatican



– the world's smallest sovereign state and last living connection with the ancient world and take in the masterpieces of the Sistine Chapel, the Raphael Rooms, St. Peter's Basilica and the Vatican Museums.

# 4 SPORT

Rome's two teams that play in the top soccer league (Serie A) are **Lazio** and **AS Roma**.

If you're lucky enough to get your hands on a match ticket then do definitely go along where you'll find out first-hand what it means to be a REAL soccer fan (or tifosi as they're called in Italy). Tip: try not to pick a fight, for any reason.



# 3 SHOP!



Rome's most famous products are shoes and other fashion accessories such as handbags and gloves. For this go to **via del Corso, via Frattina, via Condotti and via del Babuino** where a gigantic hole will be burned in your wallet very quickly. To save money just go there to people-watch.

# 5 RESTAURANTS

Traditional Roman cuisine is a far cry from the gluttonous dishes and heavy sauces of northern Italy. Try the fantastic array of vegetable-based antipasti on proud display in every humble trattoria. Locals stick to local fast food: thin-crust pizza (although never at lunchtime) and the ice-cream, of course, is the best in the world. Romans dine late as a rule and most eateries stick to rigid opening hours of 12.30-3pm for lunch and 7.30-11pm for dinner.



## FREE ADDED VALUE

Receive a fabulous 72 page guidebook of Rome compliments of Arrow Tours giving a comprehensive description of the city and all the interesting places to visit. Worth €10, this booklet has detailed maps, lively descriptions, a user-friendly design and full colour photographs – be your own expert for the duration of your stay!

Also, very handy pocket map of the city, with full street index, important buildings, railway and metro stations and parks highlighted. This map is also cross-referenced to the free guide book above.



FREE

Save €€€ off the admission prices to the top attractions, museums, and galleries with this fantastic '2 for the price of 1' discount vouchers provided specially to Arrow Tours clients.



## Your next step...

- Simply see your local travel agent and ask for an Arrow citybreak,
- Click on [www.arrowtours.ie](http://www.arrowtours.ie)
- Or call us on **041 983 1177.**







### WINDROSE HOTEL ★★★

39, Via Gaeta, Rome 00185

Our most popular hotel in Rome, this classically designed building is located in the heart of the city, about 500m north of the main railway station and very close to the national Roman Museum. As the hotel was built in only 2003, the rooms are modern and bright. When you've had enough of the day's bustle around Rome enjoy a cocktail on the outdoor patio.



### HOTEL CECIL ★★★

55 Via Francesco Crispi, Rome 00187

The Cecil is in the middle of Rome, close to the Via Veneto, the Spanish Steps, the Trevi Fountain and 200m from the metro station Barberini. The layout of the lobby and rooms is traditional and simple, reflecting the style of a bygone era. The charms of this family-run establishment include a drink at the cosy bar and the views of the city from the rooftop terrace.



### HOTEL MEDICI ★★★

96 Via Flavia, Rome 00187

Hotel Medici is in the northern part of the city close to Termini station and 600m from the metro Repubblica, giving an excellent location to base your stay. The rooms are comfortable and tastefully decorated, with high ceilings. A large classical statue of Niobid dating from the 5th century BC was found here during excavations, now housed in the National Roman Museum. The hotel has a discount arrangement with Il Sorriso restaurant across the road.



### QUATTRO FONTANE ★★★

Via 4 Fontane 149/A, Rome 00184

The Hotel Nuovo Quattro Fontane is located near Via Veneto and is close to the Spanish Steps and the Trevi Fountain. The hotel foyer is designed to recall the warmth and memories of ancient Rome while the rooms offer traditional comforts to both businessmen and visitors alike.



### HOTEL VENETO ★★★

63 Via Piemonte, Rome 00187

The Veneto hotel is just 400m from the bustling and chic Via Veneto itself and within easy walking distance of the Spanish Steps and designer-label shopping area. The rooms were renovated in 2008 and look plush, stylish and elegant. There is a now a gym, steam bath, Turkish bath and body massage and if this gets too much relax while taking in the views from the top floor terrace. Popular with couples getting married.



### HOTEL MADISON ★★★

60 Via Marsala, Rome 00185

About 100m from Termini station this hotel is ideally set to make the most of the city's metro system yet far enough away for noise not to be an issue. Each floor is furnished in a different style but all rooms share the warm cherry wood and rich wall fabrics, parquet flooring or carpets. There is a first-floor lounge decorated in walnut wood, travertine floor, exposed beams and walls painted in Venetian stuccowork.



### SAVOY HOTEL ★★★★★

15, Via Ludovisi, Rome 187

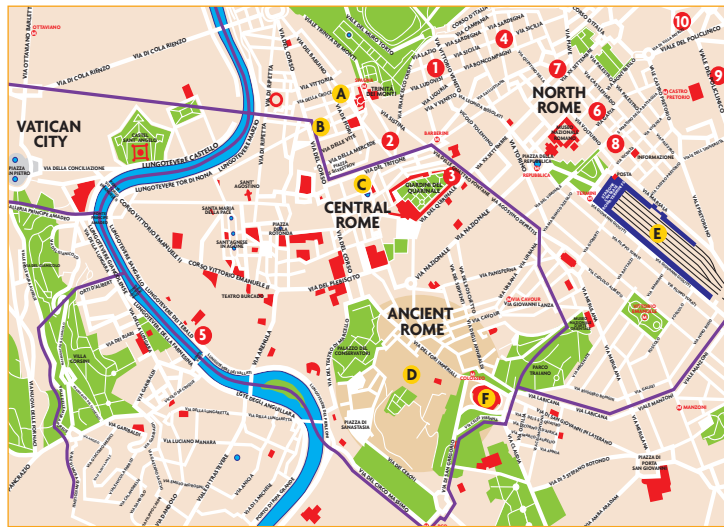
The Savoy is just off the lively Via Veneto in a sophisticated and elegant setting and close to the chic shopping outlets in Via Condotti and Via Borgognona. The hotel itself echos a 1920's style though the decor and fittings throughout are entirely modern. Excellent as a base for the business person or the tourist intent on exploring the Eternal City.



### PONTE SISTO ★★★★★

64 Via dei Pettinari, Rome 00186

The Ponte Sisto hotel is right beside the bridge over the river Tiber bearing the same name and the immediate surroundings are steeped in history. Exquisite in detail and comfort, this property was opened in 2001 and the style of the hotel is bright, modern and up-to-the-minute. Enjoy the view of the Vatican and St. Peter's while relaxing on the rooftop terrace.



#### HOTELS

- 1 Savoy
- 2 Cecil
- 3 Quattro Fontane
- 4 Veneto / Romanico Palace
- 5 Ponte Sisto
- 6 Windrose
- 7 Medici
- 8 Madison
- 9 Millennium
- 10 Villa Patrizi

#### Places of Interest

- A Spanish Steps
- B Designer Shopping
- C Trevi Fountain
- D Ancient Rome
- E Termini Station
- F Colosseum

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### ROMANICO PALACE ★★★★★

37 Via Boncompagni, Rome 00187

The Romanico is just around the corner from its sister hotel the Veneto (described, left) and thus enjoys a similar favourable location. It too has been refurbished to a high standard in recent years, both public areas and rooms and the hotel shares the gym and wellness facilities with the Veneto. In addition it has a rooftop terrace with impressive panoramic views where guests can enjoy a meal from the Fulvio Restaurant.



### QUALITY HOTEL ATLANTIC ★★★★★

24, Via Napo Torriani Milan

A family run hotel in the heart of Milan, the Atlantic Hotel offers a touch of class together with a warm welcome. The hotel is close to the railway station and airport shuttle terminal and is only minutes away from Duomo, la Scala, and the fashion and shopping district and about 3km from the exhibition centre. The rooms, which overlook a private quiet garden, are soundproofed and were refurbished in 2002, while the bar is cosy and refined.



## MILAN

Milan's role in world fashion design is evident with a vast range of upmarket designer boutiques and expensive department stores. There is also the classical Duomo Cathedral and the famous Scala Opera House, while in the refectory of the church of Santa Maria delle Grazie there is The Last Supper by Leonardo da Vinci. Flights to Milan operate on a daily basis with Aer Lingus.



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#### View of Naples



## NAPLES

Naples is the birthplace of the pizza, so many Irish will feel like they're coming home. It also has the reputation for being noisy, chaotic, having heart-stopping beauty and a strong sense of life being lived to the limits – right in your face – and herein lies the city's charms. It is most definitely like nowhere else in Italy – something the inhabitants will be happy to keep confirming and a couple of days here will most likely leave you as staunch a defender of the city as its citizens.

### OUT & ABOUT

Via dei Tribunali & Via san Biagio dei Librai...Duomo...Santa Restituta church...Spaccanapoli...Capella Sansevero...Castel Nuovo...Museo Civico...designer label shops of Versace, Armani, Gucci, Prada...Pompeii & Herculaneum volcanic cities nearby